

⋮⋮⋮⋮⋮⋮ AFTER THE SESSION ENDS ⋮⋮⋮⋮⋮⋮

HELPING SKILLS AND CONFIDENCE TRAVEL BEYOND YOUTH WORK SPACES

Youth work does not end when the activity ends. What happens after a session plays a key role in whether girls recognise their learning, build confidence, and imagine future possibilities. By making skills visible, connecting experiences to real life and encouraging next steps, activities can turn into lasting learning beyond the youth work space.

MAKE LEARNING VISIBLE

Help girls name what they learned, tried or overcame. This might include skills, effort, teamwork, courage or persistence. When learning is spoken aloud, it becomes real and easier to carry forward..



CONNECTING SKILLS TO REAL LIFE

Link what happened in the session to everyday life. Skills like communication, problem-solving and initiative matter in school, work and community settings. Making these links explicit helps girls see youth work as relevant beyond the moment.

ENCOURAGE THE NEXT STEP

Small, specific encouragements matter. Inviting a girl to continue, apply, explore or take on a new role can shift how she sees her own potential. Encouragement works best when it builds on what she already showed.



KEEP GIRLS CONNECTED

Confidence grows through continuity. Connecting girls to peers, mentors, follow-up activities or opportunities helps learning and motivation last beyond a single session.

REFLECT AS A YOUTH WORKER

After the session, reflect on who benefited most. Who gained confidence, visibility or encouragement and who may need more support next time? These reflections help create fairer access to opportunities.

